



SIMPLE YET PROFOUND *Never Too Late To Hit Reset*

By Kimberly Hambrick

In my early 50s I resigned from my corporate position—without a safety-net or a plan. This is not something I advise others to do, but for me, it was the right decision. Many thought I was having a mid-life crisis, but for me, it was a mid-life awakening.

A few gut-kicks were the catalyst I needed to finally see my own value and worth. Working with mentors, I broke through my limiting self-beliefs and I realized that those limiting beliefs were attracting the wrong people into my circle. People who intentionally tried to destroy me personally, professionally, financially, and emotionally. As a very successful woman, this was a difficult realization for me to accept. But my constant need for outside validation made me an easy target for others and, in all honesty, had me displaying actions that were not always of high standards.

I accepted responsibility for my actions, exited several toxic relationships, and focused intentionally on moving myself forward. I was in uncharted waters—standing up for myself for the first time in my life and truly believing in myself. But it felt right. A first step was to decide what I wanted to do with my life. What makes me sing? What makes me come alive? What makes me dream? Focusing on these questions allowed me the space to find my passion. As the direction became clear, my fears of the unknown eased and my excitement built. I saw a path forward that allowed me to fully embrace my gifts.

The past few years have been the most personally and professionally satisfying for me. I was successful in my past. My accomplishments were great. But now, my accomplishments are greater. We all deserve greater. Don't wait for a gut-kick to find your passion. Lean into now and learn what makes your heart come alive. Is there a position within your current organization that you yearn to have one day? Reach out to the person in that position and ask them to mentor you. Most people love sharing their story. Be upfront. Tell them one day you would love to have a similar position and want to learn from them.

If your passion is not within your current organization—or within corporate America—you still have a path forward. Find a way to develop a side hustle—for fee or free. Grow your passion here until you are at a point to step into it fully. Reach out to like-minded individuals to explore ways to collaborate.

It is never too late for us to reset our lives and to fully live into our gifts. We owe it to ourselves to be all we were designed to be. And we owe it to others to use our gifts to inspire, lift, and support all on their journeys forward.

Today I am empowered to live my life on my own terms. I am at peace with my past. And I am cheering you forward on your own life reset.

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